



Registered Nurse Competency/ Skills Checklist

Please check the column that applies to you skill level:

- 0= No experience,
- 1= Need Direction (<6months experience)
- 2= Minimal assistance needed (<1 year experience)
- 3= Very Competent (>1 year experience)

Name: _____

Date: ____/____/____

SKILLS	3	2	1	0	SKILLS	3	2	1	0
NURSING ROLES	--	--	--	--	MEDICATION ADMINISTRATION	--	--	--	--
Charge Nurse					Narcotic control				
Team Leader					Inulin Administration				
PATIENT CARE DELIVERY	--	--	--	--	Skin Testing (intra dermal injection)				
Team Nursing					Procedure				
Primary Nursing					Documentation				
NURSING PROCESS SKILLS	--	--	--	--	Reading Results				
Nursing History					Heparin Administration/ Lock				
Physical Assessments					Patient Controlled Analgesia				
Skin					Administration of Medications				
Cardiovascular					Oral				
Heart					IM				
Peripheral Vascular System					Subcutaneous				
Respiratory					Topical/ Medication Patches				
Neurological					Eye				
Abdomen					Ear				
Bowel					Nose				
Bladder					Unit Dose Medication Administration				
Musculoskeletal					Nebulizer/ Aerosol Medication Therapy				
Psychosocial Status					INTRAVENOUS THERAPY	--	--	--	--
Fall Assessment					Venipuncture Site Care				
Pain Assessment					Calculating and Monitoring Infusion Rate				
Elder/ Domestic					Infusion Pumps				
Patient Care Planning					PCA pumps				
Nursing Intervention					Insulin pump				
Patient Teaching					IV insertion				
Evaluation of Patient Care					Heparin Locks/ Saline Locks				
Discharge Instruction/ Planning					Angio Caths				
Documentation of Care Plan					Scalp Vein				

	3	2	1	0		3	2	1	0
IV Push Medications					Application of Crutches				
IV Piggyback Medications					Application of Knee Immobilizers				
IV Add-Mixture/ Additives					Monitoring CVP				
Blood/ Blood Products Administration					Care of Wound Drainage				
Monitoring Blood/ Blood Products					Hemovac Suction Device				
Lipids					Jackson Pratt Suction Device				
TPN/PPN					Care of G-tube				
Central Lines/ Intravascular Access Ports					Care of Penrose Drains				
PICC lines					Care of NG tubes/ Feeding tubes				
CHEMOTHERAPY	--	--	--	--	Care of Chest tubes/ Drainage system				
Administration of Chemo meds					Care of Salem tubes				
Precautions/ Teaching					Catheterization – male incontinence device				
Mixing/ Preparation					Catheterization- foley insertion				
Disposal					Catheterization- foley catheter care				
Chemotherapy Certified					Catheterization- foley removal				
NURSING PROCEDURES	--	--	--	--	Catheterization-straight catheter				
Irrigations					Gastric suction				
Eye					Electronic Thermometer				
Ear					Range of Motion: Active and Passive				
Foley					Seizure Precautions				
Suprapubic					Peri-Care				
Incision					Cast Care				
NG tube					Skin Care in Traction				
Ostomy					Incision Care				
Insertion of NG feeding tube					AV Shunt Care				
Hot Soaks					Bladder Irrigations				
Ice Packs					Infection Control Precautions				
Rectal Temperature					Standard Universal Precautions				
Removal of fecal impaction					Reverse Isolation				
Weighing patients					TB/ Airborne Precautions				
Vital Signs					MRSA/ VRE Precautions				
Application of Restraints					Urine, Sugar & Acetone				
Application of Support Binders					Blood Glucose Monitoring				
Application of Ace Wraps					Stool Hemocult				
Application of Antimobolic Stocking					Gastric Hemocult				
Application of Slings					Urine Specific Gravity				
Application of Soft Cervical Collar					Oxygen Therapy Administration				
Application of Rib Belts					Ambu bag				
Application of Clavicle Brace					Bag & Mask				
Application of Back Supports (Chairback, Jewett, Corsets)					BiPAP				

	3	2	1	0		3	2	1	0
Face Mask					Neuro Assessment				
Nasal Cannula					Glascow Coma Scale				
Tracheostomy Care					Seizure Precautions				
IPPB Rx					Seizure Activity				
Chest PT/ Breath Sounds					Mental Status/ LOC				
Postural Drainage					Halo Traction				
Specimen Collection					ASSISTING WITH BASIC PROCEDURES	--	--	--	--
Blood					Pelvic Exam				
Central Line					Physical Exam				
Venous Stick					Lumbar Puncture				
Cultures					Thoracentesis/ Paracentesis				
Sputum					Dressing Change				
Urine					Staple/ Suture Removal				
Clean Voided					Insertion of Central/ PA Catheter				
24-hour					Insertion of Arterial Line				
Sterile (Straight Cath)					Discontinue Arterial Line				
Swab Culture					Discontinue Central Lines				
Gastric Analysis					Insertion of Chest Tubes				
Abdominal Fluid					EQUIPMENT	--	--	--	--
Anaerobic Cultures					Hypothermia Blanket				
Aerobic Cultures					Pressure Mattress				
Wound Cultures					Restraints				
Stool Cultures					Halo Apparatus				
Suctioning					Traction				
Oral/ Yankauer					Balance Traction				
Oral- pharyngeal					Footboard				
Nasal-pharyngeal					Foster/ Stryker Frame				
Tracheostomy					Cir-O-Electric Bed				
Wound/ Ostomy Care					Cradles				
Colostomy care/ bag change					Intermittent Suction				
Ileostomy care/ bag change					Wall-Straight Suction				
Irrigations					Portable O ₂ Suction				
Pressure Ulcers					Straight Drainage				
Staging					Oxygen Wall Panel/ Flowmeter				
Care					Chest Tube Suction				
Status Ulcers					Hoyer Lift				
Sterile Dressing Change					K-Pads				
Steristrip Application					Nelson Bed				
Surgical Wounds with or without Drains					Pressure Relieving Beds				
Neuro Skills:					Kangaroo Pumps				

	3	2	1	0		3	2	1	0
Trans Nerve Stimulator					Neuro Surgery				
Pyxis					Cranial Hemorrhage				
Portable Vital Signs Monitor					AV Shunt Placement				
Cardiac/ Tele Monitors					Multiple Sclerosis				
Lead Placement					Encephalitis (Viral/ Infectious)				
Arrhythmia Interpretation					CARDIAC	--	--	--	--
Blood Glucose Meters					Angina				
Pulse Oxymetry					Aneurysm				
Incentive Spirometer					Post MI				
Emergency/ Crash Cart					Hypertensive Crisis				
Ambu Bag (PPV) Mask/ Valve					Open Heart Surgery (Pre & Post Op Care)				
HEPA Filters					CHF				
PAIN MANAGEMENT	--	--	--	--	Cardiac Cath				
Pain assessment using pain scales					Fem/ Pop Bypass				
Epidural Analgesia					RENAL/ GI	--	--	--	--
IV Conscious Sedation					Chronic/ Acute Renal Failure				
Patient controlled Analgesia (PCA)					Renal Calculi				
Narcotic Agents					Renal Trauma				
Non-narcotic agents					Nephrectomy				
Non-pharmacological Measures					TURP				
CARE OF PATIENTS	--	--	--	--	Radical Prostectomy				
RESPIRATORY	--	--	--	--	Hemodialysis				
COPD					Peritoneal Dialysis				
ARDS					GI/ ABDOMINAL	--	--	--	--
Thoracic Surgery					Appendicitis				
Asthma					GI Bleed				
Inhalation Injuries					Pancreatitis				
Pneumonia					Bowel Obstruction				
Pneumothorax					Paralytic Ileus				
Tuberculosis					Liver Failure				
Pulmonary Edema					Hepatitis				
Pulmonary Embolism					Laparoscopic Abdominal Procedures				
NEUROLOGY	--	--	--	--	Open Abdominal Procedures				
CVA/ TIA					Post endoscopic procedures				
Overdose					Pre & Post op patients				
Head Injury/ Trauma					ORTHOPEDIC	--	--	--	--
Neuro Injury/ Trauma					Amputation				
Spinal Cord Injury					Arthroscopic Surgery				
Paraplegia					Total Joint Replacement (Hips & Knees)				
Quadriplegia					Cast Care				

